

# OOS Trips in Scioto (#1-6) & Adams (#7-9) Counties SATURDAY FIELD TRIPS RAIN OR SHINE! 7 a.m.-2 p.m.

**EASY:** Low level of exertion, short walking distance. Considerable birding from vehicle and multiple birding stops.

**MODERATE:** Reasonable level of exertion. Some birding from vehicle and hiking off-trail for moderate distance (30 minutes).

## Trip 1. The Amazing Birds and Botany of Shawnee State Park

TRIP RATING: EASY

The "Little Smokies" of Ohio abound with birds this time of year. We'll accumulate a large list of the Shawnee breeding birds in addition to many migrants. Southern Ohio is the breeding home for Worm-eating, Prairie, and Kentucky Warblers; orioles, vireos, thrushes, and grosbeaks. Many migrants should also be in great abundance this weekend! In terms of botanical wonders, Shawnee is heavily influenced by a river we can no longer see—the prehistoric Teays River, which flowed north from the Carolinas and through Ohio millions of years ago. It brought with it an amazing Appalachian flora, some of which still survives to this day in the surrounding hills and valleys; in some cases this is the only locale north of the Ohio River where these plants occur. We'll meander along abandoned forestry roads, surrounded by rich forests that harbor such botanical wonders as Pink and Yellow Lady's-slipper Orchids, Birdfoot Violet, Spotted Mandarin, Dwarf Violet Iris, Pink Azalea, and many other rare and fantastic plants. *Mostly driving with stops for birding and wildflowers. Some very modest walking. Carpooling is essential.* 

## **Trip 2. Neotropical Jewels: Warblers**

TRIP RATING: EASY

Spring is many a birder's favorite time and with good reason—wood warblers! No "confusing fall warblers" here: everyone will be decked out in festive spring colors, and the testosterone-filled males will be singing like crazy. Shawnee State Park is *the place* for them this weekend, as just about all of the resident species will be on territory, the very first arrivals at Ohio latitudes. At least 17 warbler species breed here, including coveted species like the Worm-eating Warbler, Northern Parula, and Cerulean Warbler. In addition, we should have no trouble finding southern Ohio favorites like Yellow-throated, Kentucky, Prairie and Hooded Warblers, as well as Louisiana Waterthrush. We'll learn about their ecology and ensure that all participants get good looks at them. Many migrants will be passing through, so expect to compile a list of many of Ohio's expected warblers. *Mostly driving with stops for birding. Some very modest walking. Carpooling is essential.* 

### Trip 3. Birds and Butterflies—Wings of Spring

TRIP RATING: EASY

This trip is all about flying objects. Just as on trips 1 & 2, birders should expect to see many migrant as well as southern Ohio breeding birds. While Shawnee State Park is a fantastic place to find birds, it also offers butterflies galore! On a good day in early May, it's possible to discover 25 or more species. Attendees can expect to view a variety of species, including early spring fliers like the stunning Falcate Orangetip, as well as more common butterflies, such as Pipevine and Zebra Swallowtails. There is always the possibility of stumbling across something really unusual, like a Juniper Hairstreak or Pine Elfin. While your binoculars will get a great workout looking at warblers, vireos and tanagers, they work just as well to get great looks at butterflies! We'll have to hope for decent weather, though, as butterflies definitely prefer warm, sunny days. *Mostly carpool to locations with short walks to target spots*.

## **Trip 4. All Creatures Great and Small**

TRIP RATING: MODERATE

This comprehensive expedition will encompass all aspects of the wonderful world of birds, butterflies, reptiles, and mammals—if you see it, we will try to ID it! We'll poke around and see how many creatures are eking out a living in the forests and streams of Shawnee State Park. Newcomers to the area will be fascinated by the many stunning but under-appreciated animals that we will encounter. Expect lots of good birds, too, including Yellow-throated Vireos, which love to snack on moths. We'll ramble Shawnee and turn over rock and logs, peer behind trees, and look up and down in a variety of different environments to see what we can find. We'll follow our eyes and ears and noses so there may be more walking than driving. Be prepared for dirt and to get down on your hands and knees.

## Trip 5. Birding 101

TRIP RATING: EASY

Whether it's tips on learning how to distinguish between those warblers and vireos, or strategies for learning bird songs, you'll come away from this field trip with tons of new information. The emphasis will definitely be on learning to observe bird behavior, shape, song, and habit, but participants can nevertheless expect an impressive overall list by trip's end, as this adventure will include visits to some of the best birding locales in the forest. This trip will be especially suited to beginning birders.

#### Trip 6. Thru the Lens: Photographing Birds

TRIP RATING: EASY TO MODERATE

Cameras in hand, we'll immerse ourselves in Shawnee State Park to photograph some of Ohio's most sought-after warbler and spring migrant species. *Expect a casual pace*, as we will be spending quality time with each bird. This adventure is all about patience, with a focus on the techniques to best photograph each species so that participants capture not just the subject, but its personality and surroundings. Along the journey, you'll have the opportunity to discuss lighting, exposure, composition, and color with your expert guides, and ask any other questions you may have about photographing wild birds. Primary targets will include Cerulean, Worm-eating, Prairie, and Hooded Warblers, as well as Ovenbird. Other species we might encounter are Rosebreasted Grosbeak, Yellow-throated Vireo, Yellow-breasted Chat, Northern Parula, Yellow-throated Warbler, American Redstart, Black-and-white Warbler, Blue-winged Warbler, and many more.

## Trip 7. Birds and Spring Wildflowers of Adams County—Whipple State Nature Preserve

TRIP RATING: EASY TO MODERATE

In addition to great birding, this trip features a hike through one of the best places in the region to view a wide variety of native spring wildflowers. Whipple State Nature Preserve contains a narrow wooded ridgetop, pocketed with small sinkholes and bordered by dolomite cliffs 10-30 feet in height. The landscape in this region offers a fascinating lesson in geological history as told through its rocks, topography, streams, animal life, and vegetation. You'll leave this field trip with a much better understanding of why this part of southern Ohio is the unique place that it is, all while improving your bird list and wildflower knowledge. *Hiking distance: 2-mile loop trail. Whipple's marked trails are easy to follow and navigate, but parking is limited, so carpooling is essential. Overall more walking than driving, but on easy terrain.* 

# Trip 8. Birds and Botany of Adams County—Wilderness Preserve Trail

TRIP RATING: EASY TO MODERATE

Dolomite cliffs, steep ravines, mature woods, and a relict prairie make the Charles A. Eulett Wilderness Preserve a diverse place to encounter native species of all types. Attendees will carpool to Adams County to immerse ourselves in the dramatic scenery of the Edge of Appalachia Preserve. Along the trail's mature woods, we can expect to find a good variety of warblers and other songbirds. *Plan for more walking than driving, but rambling at a birder's pace*. After exploring the preserve, we will move on to other Adams County locations for specialties like Blue Grosbeaks and Henslow's Sparrows, with a special stop at the new trail at Moon Hollow, part of the Buckeye Trail through the Nature Conservancy's "Sunshine Corridor." OOS has contributed conservation funds both to Wilderness Preserve and the Sunshine Corridor, a project that connects contiguous tracts of forests from Adams County to Shawnee State Forest.

## Trip 9. Birds and Butterflies of Adams County—Lynx Prairie

TRIP RATING: EASY TO MODERATE

We'll explore the incredible diversity of the E. Lucy Braun Lynx Prairie Preserve, named after legendary University of Cincinnati botanist Dr. E. Lucy Braun. Her effort to preserve this prairie eventually seeded the now-20,000-acre Richard & Lucile Durrell Edge of Appalachia Preserve. It also resulted in the establishment of The Nature Conservancy, the world's largest conservation organization. The cedar barrens of this area are prairie-like in nature, with thin, shallow soils overlying dolomite, allowing for an abundance of native grasses and wildflowers to flourish. Referred to as "relict" prairies—naturally occuring, not planted—these specialized habitats are home to a large number of rare species of plants and animals. We will explore native insects—butterflies and dragonflies—as well as native breeding birds and migrants. We'll walk the 1.5 miles of trail loops that wind through the 52-acre property, and visit the adjacent Paul E. Knoop, Jr., Prairie. After the hike, we'll carpool to a nearby Nature Conservancy property to look for breeding Blue Grosbeaks and other local specialities like Prairie Warbler and Black Vulture. *More walking than driving, but on easy terrain*.